

GENERAL CONDITIONS

General conditions for memberships at InTension Health Club Scheveningen

Memberships from 16 years: The 'memberships from 16 years' are the InTension Early Hours membership, The InTension Club Card membership and the InTension Quarterly membership. The InTension Early Hours membership and The InTension Club Card membership start at the day of registration and last for at least one full year (= 12 full payments). The InTension Quarterly membership starts at the day of registration and last for at least three full months (= 3 full a). The 'memberships from 16 years' have a one month notice (after the payment of the minimum months of membership). The one month notice starts on the first day of the following month.

Youth memberships until 16 years: The youth memberships are meant for children until 16 years of age under the supervision provided by InTension Health Club. The legal representative of the youth member needs to give permission to InTension, by means of a signature on the registration form. These memberships start at the day of registration. The youth memberships are continuous. The youth memberships don't have a minimum duration but they have a one month notice to cancel. When the youth member has reached the age of 16 this form of membership expires. This membership should then be changed to one of the other membership forms.

Subscribing: Subscription has to be done in person, at the reception desk by means of the registration form. The amount of the entrance fee is € 25,- (for all memberships) which includes the administration costs, the membership card and the first fittest. Ex-members with a membership which is not valid for more than two months should pay the entrance fee again by subscribing for a new membership. In case of loss of the membership card you need to pay € 5 for a new card.

Trial period: The InTension Early Hours membership and The InTension Club Card membership include a one month trial period. For example: if your membership starts on the 10th of April, your trial period will run until the 9th of May. In this period it is possible to try out the membership. After this period the membership can be cancelled, by means of a short cancel procedure. Should you wish to stop the membership after this trial period, then the membership will be ended on the first day of the next month. Cancelling of the membership has to be done in person, at the reception desk, where we can give you a special cancellation form. After you have filled in the cancellation form, you receive a confirmation of your cancellation. It's NOT possible to cancel the membership by email, fax, letter or telephone.

Payment: The fee amount for the first month is according to the amount of days left in that first month and based on the regular price of the membership you have chosen. This first amount together with the entrance fee of € 25,- (for the administration, the membership card and the first fittest) need to be paid in cash or by pin on the day of the subscription. After the first month the memberships are paid in advance by SEPA direct debit before the

first of the new month. You authorize InTension Health Club to debit the membership fee from your bank account.

Payment conditions: In case it is not possible to debit the membership fee from your bank account before the first of the new month, we are obliged to charge you an extra €3,- for administration costs. This will be debited during the next month's payment. The amounts invoiced by the InTension Health Club should be paid within 10 days after the date of the invoice. By no-payment or payment after 10 days all the costs (including all the extra costs made by the debit office and the legal interest fee) have to be paid by you.

Cancellation: The InTension Early Hours membership and The InTension Club Card membership have a minimum duration of one full year (= 12 full payments) and a one month notice to cancel. The Quarterly membership has a minimum duration of three full months (= 3 full payments) and a one month notice to cancel. The youth memberships don't have a minimum duration but they have a one month notice to cancel. The one month notice starts on the first day of the following month. Cancelling of the membership has to be done in person, at the reception desk, where we can give you a special cancellation form. After you have filled in the cancellation form, you receive a confirmation of your cancellation. It's NOT possible to cancel the membership by email, fax, letter or telephone.

Price changes: InTension Health Club keeps the right to change the prices of the current memberships once a year. Normally the price changes are carried out at the 1st day of January according to the price indexation of the CBS. InTension Health Club informs you of the coming price changes by email. Therefore, it is necessary that we have your correct email address in our files. We also announce coming price changes by publications in the club.

Pregnancy, injuries & operations: In case of medical indications it can be possible to pause the membership for the minimum of one month and the maximum of six months. This concerns situations in which your doctor, physiotherapist or fitness instructor has forbidden you to make use of the facilities we offer. To make this pause possible, we kindly ask you to show us a doctor's note at the reception desk. The direction of InTension then discuss with you how to proceed. This period of interruption doesn't count as a period of membership. In case of cancellation of one of the 'memberships from 16 years' the minimum payment conditions should be full filled.

Responsibility, injuries & solarium: We ask you to stick to the instructions and training schedules as provided by our instructors. You need to remain posted on possible changes of the house rules and regulations. InTension Health Club cannot be held responsible for injuries, neither for loss or theft of personal properties. The use of our facilities and the solarium is at your own risk and responsibility.